



National Youth Sunday 2026

Light within Us, Matthew 5:14-16

Sermon notes and resources

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Additional Scripture References:

*Scriptures are NIV and notes are in *italics**

Exodus 13:21

“By day the LORD went ahead of them in a pillar of cloud to guide them on their way and by night in a pillar of fire to give them light, so that they could travel by day or night.”

As the Lord went before the Israelites, Jesus is our light and the Light Within Us. Let him be our guide and let his light show to others so they can witness and follow as well.

Job 24:13

“There are those who rebel against the light, who do not know its ways or stay in its paths.”

Job 24:16

“In the dark, thieves break into houses, but by day they shut themselves in; they want nothing to do with the light.”

Be cautious about straying from the Light.

Psalm 27:1

“The LORD is my light and my salvation – whom shall I fear? The LORD is the stronghold of my life – of whom shall I be afraid?”

Isaiah 42:6

“I, the Lord, have called you in righteousness; I will take hold of your hand. I will keep you and will make you to be a covenant for the people and a light for the Gentiles.”

Luke 8:16

“No one lights a lamp and hides it in a clay jar or puts it under a bed. Instead, they put it on a stand, so that those who come in can see the light.”

John 9:5

“While I am in the world, I am the light of the world.”

John 12:46

“I have come into the world as a light, so that no one who believes in me should stay in darkness.”

Acts 13:47

“For this is what the Lord has commanded us: ‘I have made you a light for the Gentiles, that you may bring salvation to the ends of the earth.’”

Short Devotional Thought:**Focus on the Light**

On an early morning run today there was a cell tower with a bright white light directly in line with the long straight section of road I was on. Blink, blink, blink, steady and constant. It seemed to remain unchanged, though I knew step, after step, after step I was getting closer. The road took a downward dip, and the light hid from view behind some trees, but I knew it was still there: blink, blink, blink. When I came up out of the dip in the road, sure enough there it was: blink, blink, blink. It got me thinking...God is like that light. Strong, steady, and constant. Even when I am unable to see him, he is unchanged. When I can't see him, it is more about my positioning, not God's place. God remains. I need to continue working at positioning myself in order to see God's light. Though sometimes it is uphill and difficult, I know God is there and gradually I am getting closer, one step at a time.

Anonymous