National Youth Sunday 2016 Mountains or Valleys, the Lord is Our Shepherd (Psalm 23) Invocation by Olivia Russell

One interpretation of this theme is to find comfort in God. God is there to guide you through the easy and hard times of life. He will make sure you are rested and well-nourished. God is there to make you feel safe and secure—even in the presence of enemies or potential harm, God is there to protect you. The Lord is my shepherd, and not only will I follow him, he will walk beside me.