

**National Junior High Sunday 2021**  
*“Build Wisely” based on Matthew 7:24*

**Extension Ideas**

Galen Fitzkee

1. Take a walk around your yard, down the sidewalk, or through a local park. On your way, keep an eye out for a medium sized rock (about the size of a golf ball). Once you find one, pick it up and take it back to your house. Feel how hard and rough it is and imagine how hard it would be to break. Keep this rock for later!
  
2. Matthew 7:24 encourages us to listen to the words of Jesus and live wisely. Who is the wisest person you know? A pastor, parent or grandparent, church elder, teacher? Talk to this person and ask them for a piece of wisdom or advice about how to live a life according to Jesus’ teachings. What helps them withstand the storms of life?
  
3. Art Project: Create a drawing or painting that will help you remember to build your house on the rock. Decorate the rock you found in activity #1 and write a key word or phrase on it that will remind you to build or live wisely. Put it in a place where you will see it every day!
  
4. Use the internet to look up pictures of ancient architecture. Consider buildings or monuments like the Pyramids, the Colosseum, Stonehenge, the Great Wall of China, the Moai Statues, and the Parthenon. How have they existed for so long? What do they have in common? How does this relate to Matthew 7:24? Share your findings with a friend!