## **National Youth Sunday 2020**

Through my fear, I trust in God (Psalm 56:1-4)

Theme scripture interpretation by Tristen Craighead

Fear is a presence in life that is unavoidable, and something that everybody struggles with - one way or another. Some fears may seem large: a fear of heights, of getting sick, of being bullied, or being a failure. Others may seem miniscule: a fear of spiders, clowns, or even tweezers. All fears, including the ones listed above, may seem overwhelming. They can begin to engulf our minds; but none of these compare to the Lord's ultimate power and strength. When we do have these irrational thoughts though, do we really turn to God? Most of the time, that is not the case. We continue to let these fears control our actions and take priority in our lives. We want to take actions into our own hands, thinking we are strong enough to handle our own situations. However, no person or thing on this planet is stronger or more courageous than God. Miracles can still occur today; but first, we have to step out of our own arrogance and put full faith in God. Just as Jesus says in Mark 9:23: "Everything is possible for one who believes." God wants to help us and keep us sheltered! But in order for this to happen, we have to put faith in God!