

National Youth Sunday 2020

Through my fear, I trust in God (Psalm 56:1-4)

Creative Elements by Madison Creps

- **You are _____ in God's eyes!**

- Prepare for this activity by copying the scriptures below on to individual half sheets of paper. Place the papers in baskets near the doors, ready to be distributed to people as they leave worship.

You are fearfully and wonderfully made in God's eyes. (Psalm 139:14)

You are the salt and light of the world in God's eyes. (Matthew 5:13-14)

You are complete in God's eyes. (Colossians 2:10)

You are loved in God's eyes. (Jeremiah 31:3)

You are worth delighting in. (Zephaniah 3:17)

You are forgiven and redeemed in God's eyes. (Ephesians 1:7)

You are anointed and have a purpose in God's eyes. (Isaiah 61:1)

You are beautiful in God's eyes. (Psalm 45:11)

You are more than a conqueror in God's eyes. (Romans 8:37)

You are chosen, holy, and dearly loved in God's eyes. (Colossians 3:12)

You are God's handiwork. (Ephesians 2:10)

You are worth fighting for in God's eyes. (Exodus 14:14)

You are set free in God's eyes. (Galatians 5:1)

You are a new creation in God's eyes. (2 Corinthians 5:17)

- Then do this activity towards the end of the service. Starting with the person at the end of a row, have them turn to the person next to them and say this statement filling in the blank "You are _____ in God's eyes." Each person will turn to the individual next to them and remind them what God thinks of them. Announce that on the way out of the sanctuary, worshipers will receive a paper to take home with them. Suggest that they hang it up somewhere they can see it every day. Look at these verses daily as a reminder to fear less and trust God. God is always there and thinks these amazing things about you!

- Have the congregation write three fears on an index card. During worship, have people say each fear aloud, followed by the reminder: "Do not fear. God is with you."
- Create small group discussion questions unique to your congregation to further discuss Psalm 56:1-4. Suggestions include:
 - How often do you worry about what others think of you?
 - How does it make you feel knowing that God is with you?
 - Have you ever felt like the "lost sheep?"
- Find ways to mix up the seating in your congregation. Sitting next to people we don't know as well can be a little unnerving, but it is a good reminder that God is in control, not our anxiety.
- Make coloring pages relating to the scripture available for the children during the service.