



Eco-Stewardship

Practical & Restorative Action

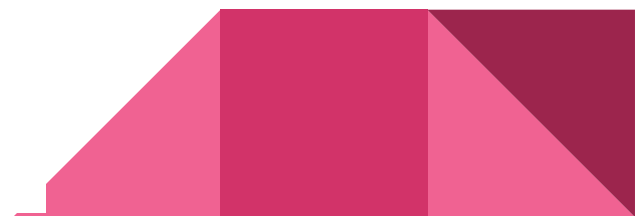
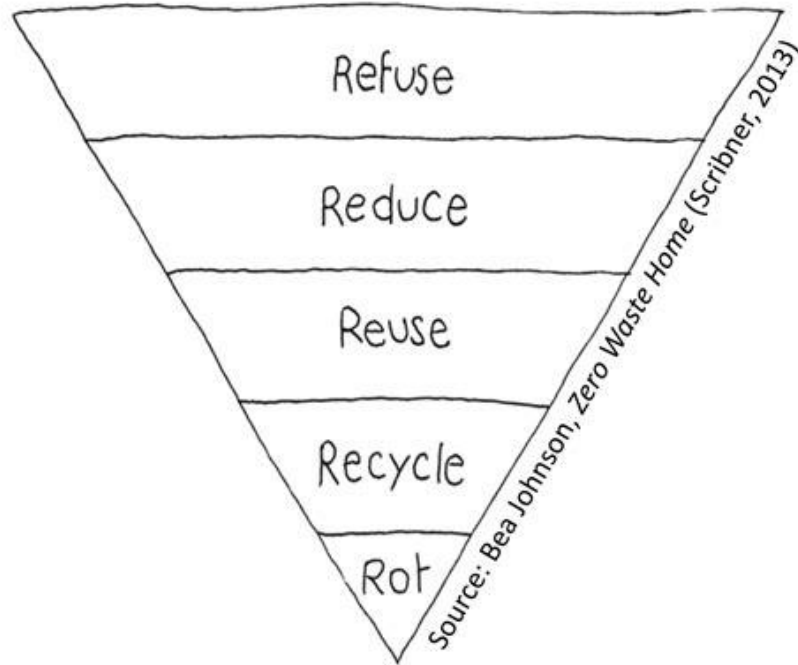
You have heard it said...

Reduce, Reuse, **Recycle**

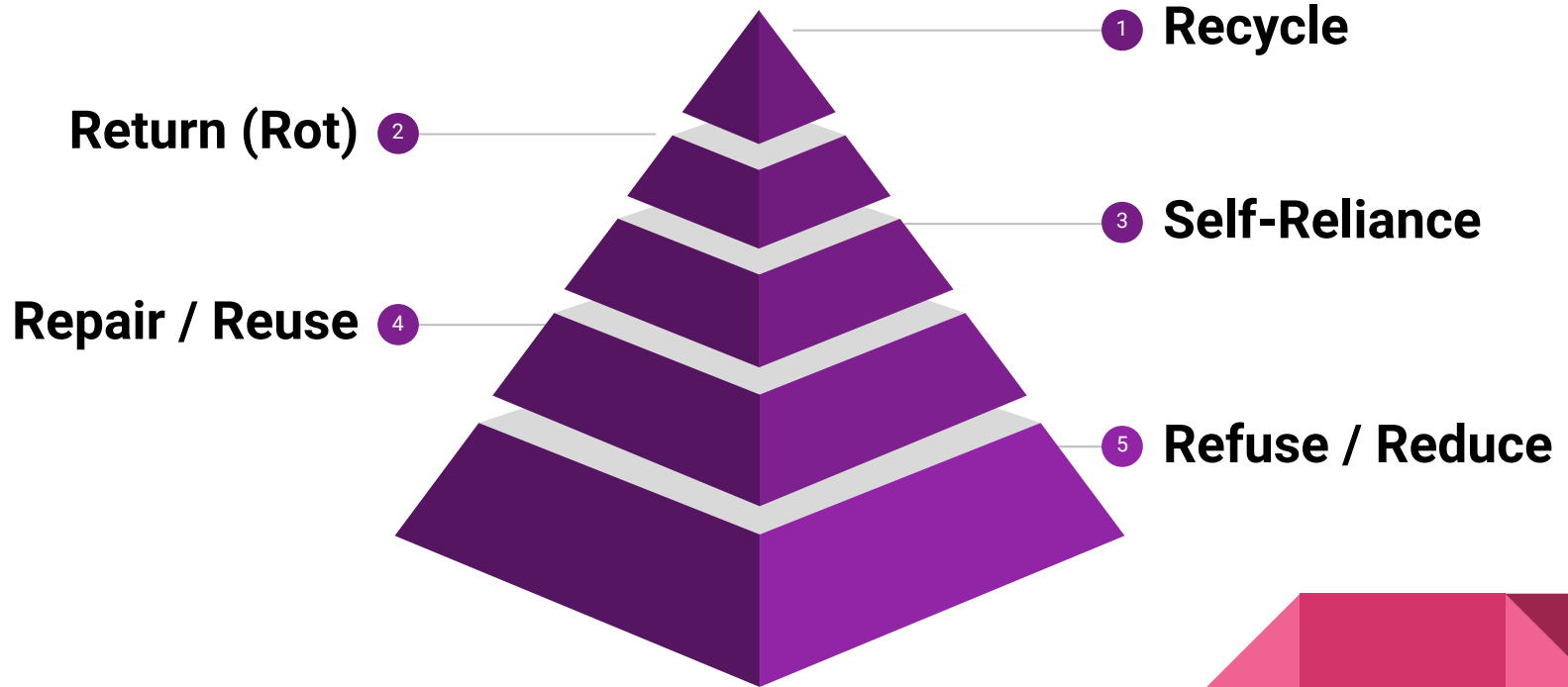
However, more reflection on
reducing consumption is needed.



Towards Zero Waste



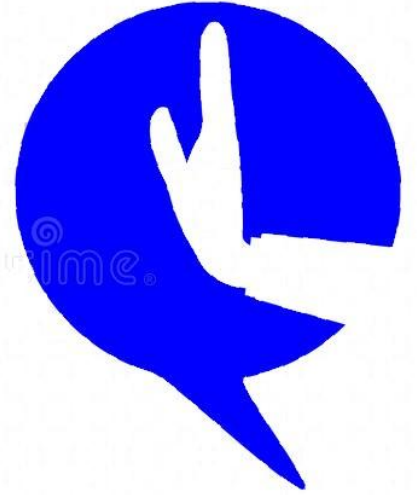
An Eco-Stewardship Framework



Refuse / Reduce

Asks: Do I need this?

Promotes: discernment regarding
needs versus wants



Refuse

Addresses: Excessive Materialism or
"Affluenza"

Challenges: impulse buying,
self-gratification and social
conventions



Repair

Asks: If it's broken, can it be fixed?

Promotes: renewal of pragmatic



Repair

Addresses: Obsolescence culture
(outdated, lost value)

Challenges: Engineered
obsolescence and high-tech
machining



Reuse

Asks: How can I repurpose this? How can it be made new/transformed?

Promotes: New purposes for what most consider waste (upcycling);

retrofit buildings into resilient systems (e.g. passive solar homes)



Reuse

Addresses: Throw-away culture

Challenges: Sanitation and long-term care



Return

Asks: How will this close the loop and return to the earth?

Promotes: Compostable organic materials; design with natural cycles



Return

Addresses: Plastics and other non-organic pollution

Challenges: Durability and artificial processing



Self-Reliance

Asks: Can I make it or find it local?

Promotes: subsistence practices



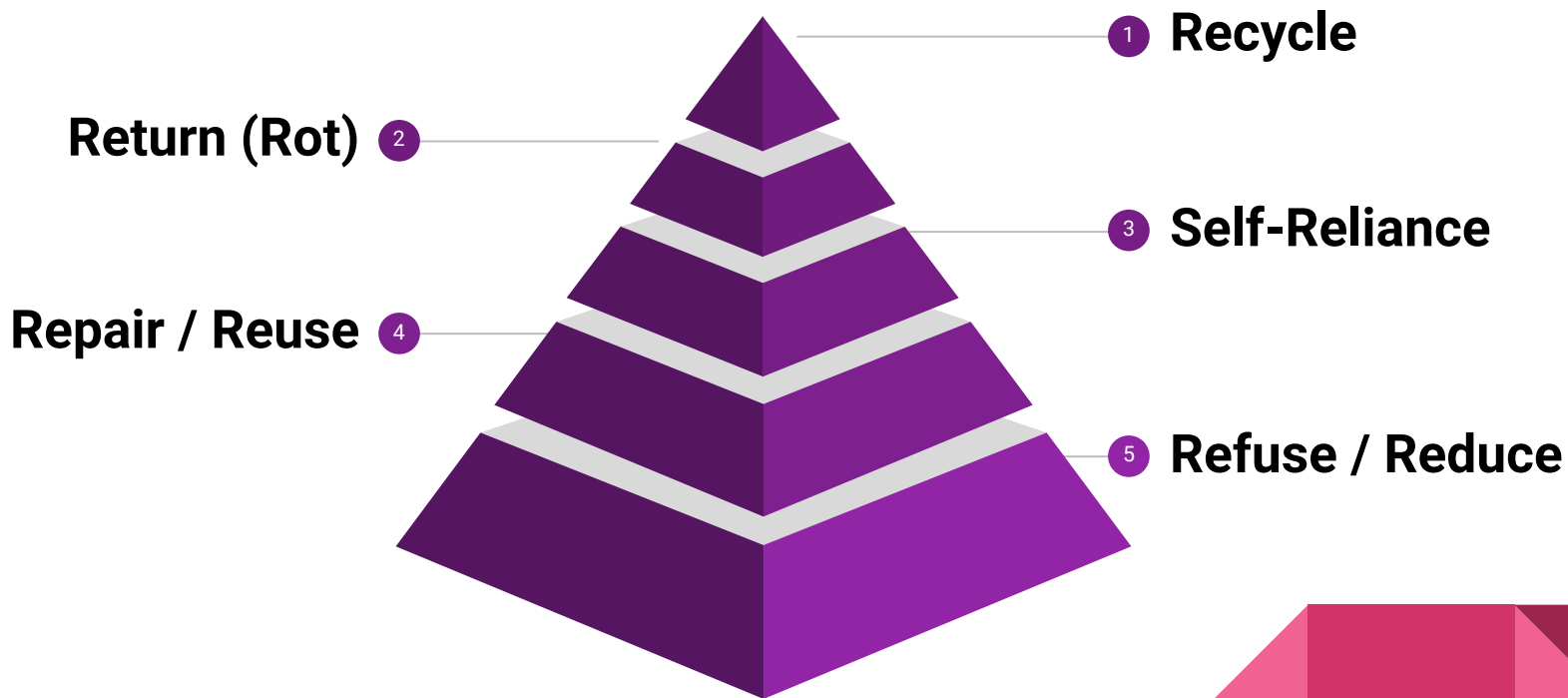
Self-Reliance

Addresses: dependency on non-local providers

Challenges: economies of skill and time



Summary



Let Go

Take On

Hope For



Some Suggested Resources

Graaf, John De, et al. *Affluenza: How Overconsumption Is Killing Us--and How to Fight Back*. Third Edition, Berrett-Koehler Publishers, 2014.

Johnson, Bea. *Zero Waste Home: The Ultimate Guide to Simplifying Your Life by Reducing Your Waste*. Scribner, 2013.

Samson, Will. *Enough: Contentment in an Age of Excess*. David C Cook Publishing, 2009.

Heishman, Katie. "Dust to Dust: A Zero Waste Lenten Journey." *Brethren Life & Thought*, Vol. 62 Number 2 (Fall/Winter 2017-2018)

