### Eco-Discipleship?

#### How we're framing it

- Eco (Greek) oik/oiko/oikos & (Late Latin) oeco = house or home
- Discipleship The lifelong process of following Jesus, becoming Jesus and doing what Jesus did (Swanson).
- Eco-Discipleship = Discipling & faith formation experiences rooted in our earthly home (God's Earth)
  - Eco-Orthodoxy
    - Eco-Blueprint
    - Eco-Theology
  - Eco-Orthopraxy
    - Eco-Stewardship
    - Eco-Disciplines



God's Ecological Pattern for all of Life

### A Natural Blueprint from our Creator

Rich heritage of indigenous wisdom traditions

Older language of Medicine Wheel

Wilderness Awareness School - Elders in First Nation, Australian, European

- Eight Shields Model incorporates intercardinal directions as well
- Anake Outdoor School ('10) integrated into 9-month immersion experience
- Coyote's Guide to Connecting with Nature (published in 2009)
- Survivor & Dadirri Camps at Camp Mack & Brethren Heights

**Eco-Wheel represents what??** 



### **East**

Diurnal Cycle: Dawn/Sunrise

Time of Day: Morning

Season: Spring

Plant Life Cycle: Sprouting

**Human Life Cycle:** *Birth* 

**Element:** Water



### **South**

Diurnal Cycle: Zenith

Time of Day: Mid-Day (Noon)

Season: Summer

**Plant Life Cycle:** Flowering

**Human Life Cycle:** *Adolescence* 

**Element:** *Earth* 



#### West

**Diurnal Cycle:** Sunset

Time of Day: Evening

Season: Autumn

**Plant Life Cycle:** *Bearing* 

fruit/food

**Human Life Cycle:** *Adulthood* 

**Element:** Fire



### **North**

Diurnal Cycle: Hidden

Time of Day: Midnight

**Season:** Winter

Plant Life Cycle: Seeds

germinating

Human Life Cycle: Elderhood

**Element:** *Air/Wind/Breath* 

## East Quality: Inspiration



Embodied: Creativity, Excitement, Beginnings, Renewal

Indicator of Awareness: Common Sense (All Senses)

Shema: Heart

Christ: Inspires & Amazes

**Spiritual Formation:** *Missional, Hospitality, Welcome/Inclusion* 

**Shadow Form:** Agitation

### South Quality: Formation



Embodied: Focus, Study, Working/Laboring

**Indicator of Awareness:** 

Inquisitive Focus

Shema: Mind

**Christ:** *Instructs* 

**Spiritual Formation:** *Biblical,* 

Theological Study

**Shadow Form:** *Demolition* 

### West Quality Celebration



**Embodied:** Gathering, Sharing, Appreciation, Harvesting

**Indicator of Awareness:** 

Service to Community

Shema: Strength

**Christ:** *Involves* 

**Spiritual Formation:** Worship

**Shadow Form:** Lamentation

## North Quality: *Integration*



Embodied: Wisdom, Distillation

Indicator of Awareness:
Self-Sufficiency & Confidence

Shema: Soul

Christ: Infuses Spirit

**Spiritual Formation:** *Spiritual Direction/Discernment, Prayer* 

**Shadow Form:** Stagnation



### **Thresholds**

**Southeast:** *Growing Pains* 

**Southwest:** *Identity* 

Northwest: Grief

Northeast: Legacy (End/Begin)

# Inspiration. Formation. Celebration. Integration.

**Application in Ministry Settings** 

How would you preach/teach?

How would you plan worship?

How would you plan a retreat?

How would you do pastoral care?

How would you run a day of camp?

How would you fuse it in your prayer life?

#### Resources:

Coyote's Guide to Connecting with Nature by Young, Haas, McGown

Celtic Wheel of the Year by Tess Ward

The Four Shields by Steven Foster & Meredith Little

A Wild Faith: Jewish Ways into Wilderness by Rabbi Mike Comins

Water, Wind, Earth, & Fire: The Christian Practice of Praying with the Elements by Christine Valters Painter

Wilderness Awareness School (wildernessawareness.org)