

Sabbath Renewal Resources

Congregational/Small Group Study

Finet, Angela. *Sabbath: God's Call to Peace (A Covenant Bible Study)*. Brethren Press, Elgin, IL, 2025

Clergy/Congregational Resources

Barton, Ruth Haley. *Embracing Rhythms of Work and Rest: From Sabbath to Sabbatical and Back Again*. InterVarsity Press, Downers Grove, IL, 2022.

Saler, Robert. *Planning Sabbaticals: A Guide for Congregations and their Pastors*. Chalice Press, Saint Louis, MO, 2019.

Taylor, Barbara Brown. *An Altar in the World*. HarperOne, New York, NY, 2009.

Sabbath Resources for Everyone

Berry, Wendell. *A Timbered Choir: The sabbath Poems 1979-1997*. Counterpoint, New York, 1998.

Brother Lawrence. *The Practice of the Presence of God*. Whitaker House, New Kensington, PA, 1982.

Brueggemann, Walter. *Sabbath as Resistance: Saying NO to the Culture of Now*. Westminster John Knox Press, Louisville, KY, 2017.

Dalton-Smith, MD, Sandra. *Sacred Rest: Recover your Life, Renew your Energy, Restore your Sanity*. FaithWords, New York, NY, 2017.

Dawn, Marva J. *Keeping the Sabbath Wholly*. Eerdmans Publishing Company, Grand Rapids, MI, 1989.

Heschel, Abraham Joseph. *The Sabbath*. Farrar Straus Giroux. New York, NY. 2005.

Muller, Wayne. *Sabbath: Finding Rest, Renewal, and Delight in our Busy Lives*. Bantam Books, New York, NY, 2000.

Murphy, Tamara Hill. *The Spacious Path: Practicing the Restful Way of Jesus in a Fragmented World*. Herald Press, Harrisonburg, VA, 2023.

Riess, Jana. *Flunking Sainthood: A Year of Breaking the Sabbath, Forgetting to Pray, and Still Loving My Neighbor*. Paraclete Press, Brewster, MA, 2012.