

A decorative chain made of interlocking links in various colors (pink, yellow, green, blue, orange) runs across the top and bottom of the page.

MARIA'S KIT OF COMFORT

Resources for children's ministry



5-minute story time

Read *Maria's Kit of Comfort* and show pictures.

Pray: "God, hear our prayers. We are sometimes happy and we are sometimes sad. Help us to know and show your love and care. Amen."



15-minute session

Gather with a song, such as "This Little Light of Mine."

Read *Maria's Kit of Comfort* and show pictures.

Wonder about the story. Ask the children: "Find a page in the book that shows how you are feeling today. What are you feeling today?"

Pray: "God, hear our prayers. We have happy things and sad things in our lives. Help us to know and show your love and care. Amen."



45 to 60-minute session

Gather with a song, such as "This Little Light of Mine."

Read *Maria's Kit of Comfort* and show pictures.

Wonder about the story. Ask the children: "Find a page in the book that shows how you are feeling today. What are you feeling today?"

Do some activities as provided on the back side of this page:

- Express your feelings
- Think about helpers
- Make a sock bean bag
- Have a bean bag closing prayer



Express your feelings

Find a page in the book that shows how you are feeling today. Draw a picture or emoji or write words to show how you are feeling. Or find a toy or game to play with.

Think about helpers

Who are the helpers in our lives? Write a thank-you note or make a card for a helper. Think of ways we can be helpers, too. Read and reflect on the Bible story about the good Samaritan in Luke 10:29-37.



Make a sock bean bag

Fill a crew sock with sand or dried beans or rice, and then tie a knot. Gather in a circle and practice tossing and catching the bean bag. Make sure everyone playing gets a turn.

Have a bean bag closing prayer

Gather in a circle. Think of your prayer for this moment. Toss the bean bag to a friend while you say your prayer out loud or speak it silently in your heart. Close the prayer with: "God, hear our prayers. We have happy things and sad things in our lives. We want to be helpers as we know and show your love and hope to others. Amen."

