



MARIA'S KIT OF COMFORT

Resources for children's ministry



5-minute story time

Read *Maria's Kit of Comfort* and show pictures.

Pray: "God, hear our prayers. We are sometimes happy and we are sometimes sad. Help us to know and show your love and care. Amen."



15-minute session

Gather with a song, such as "This Little Light of Mine."

Read *Maria's Kit of Comfort* and show pictures.

Wonder about the story. Ask the children: "Find a page in the book that shows how you are feeling today. What are you feeling today?"

Pray: "God, hear our prayers. We have happy things and sad things in our lives. Help us to know and show your love and care. Amen."



45 to 60-minute session

Gather with a song, such as "This Little Light of Mine."

Read *Maria's Kit of Comfort* and show pictures.

Wonder about the story. Ask the children: "Find a page in the book that shows how you are feeling today. What are you feeling today?"

Do some activities as provided on the back side of this page:

- Express your feelings
- Think about helpers
- Make a sock bean bag
- Have a bean bag closing prayer



Express your feelings

Find a page in the book that shows how you are feeling today. Draw a picture or emoji or write words to show how you are feeling. Or find a toy or game to play with.

Think about helpers

Who are the helpers in our lives? Write a thank-you note or make a card for a helper. Think of ways we can be helpers, too. Read and reflect on the Bible story about the good Samaritan in Luke 10:29-37.



Make a sock bean bag

Fill a crew sock with sand or dried beans or rice, and then tie a knot. Gather in a circle and practice tossing and catching the bean bag. Make sure everyone playing gets a turn.

Have a bean bag closing prayer

Gather in a circle. Think of your prayer for this moment. Toss the bean bag to a friend while you say your prayer out loud or speak it silently in your heart. Close the prayer with: "God, hear our prayers. We have happy things and sad things in our lives. We want to be helpers as we know and show your love and hope to others. Amen."

