

**National Youth Sunday 2016**  
**Mountains or Valleys, the Lord is Our Shepherd (Psalm 23)**  
Litany by Krystal Bellis

**Leader:** Lord, we have bad days.

**Women:** Yet you still remain by our side.

**Men:** Lord, we have our good days.

**Women:** And you still remain by our side.

**Men:** Sometimes we have struggles;

**Women:** You guide us through.

**Men:** Like a shepherd to sheep,

**Women:** you show us the way.

**All:** Because through mountains or valleys, you Lord, are Our Shepherd.