

National Youth Sunday 2016
Mountains or Valleys, the Lord is Our Shepherd (Psalm 23)
Children's story by Krystal Bellis

- On a large piece of paper, draw a mountain. On a second piece of paper, draw a valley. On a third piece of paper, write the theme “ Mountains or Valleys, the Lord is Our Shepherd.”
- Before worship, hang the theme with one of the pictures on each side, in the sanctuary.
- When the children come up for worship, ask them what makes them upset and/or mad.
- After they have responded, explain that everyone has good and bad days. It's part of life.
- Explain that God will always be there for them. God doesn't care if you are having a good or bad day. You could be having the worse day ever and God would not abandon you.
- Then give the children two different pieces of blank copy paper. During the next week, encourage them to draw a time when they felt really good. Perhaps they did well on a test or won an award.
- During the next week, invite them to draw a picture of a time when they felt bad on the second sheet of paper.
- Ask them to bring back their pictures the following Sunday. Put their pictures on the mountain or valley sheet.
- End your time together with a simple prayer.