

National Junior High Sunday 2018

“Abundant life in Jesus,” based on John 10:10 (NRSV)

Action Ideas

by Connor Ladd

Living abundantly with Jesus means growing closer to Him. Even with Jesus’ teachings found in scripture, we often wish there were more guidance on how to do that. Here are some ideas to help you live abundantly and to encourage others to do the same.

1. Smile! Smiles are contagious. One of the best ways to share the love of Christ is simply by smiling at someone to brighten their day.
2. Start your day off right. Make sure you get breakfast and do something that brings you joy as you start the day. Starting off the day right and with a joyful attitude can help you to keep that attitude throughout the day. You’ll have a better day and help those around you have a good day as well. Can you think of a way to bring joy into someone else’s life? Do it!
3. Be grateful for what you have. You are blessed, and God provides for you. Be grateful for that and encourage those around you to notice the blessings in their lives too. In terms of gratitude, how might you “pay it forward” today?
4. Build friendships along the way. This is the most important task you have besides loving God and Jesus! We can’t make it through this life alone. Make friends with those around you and invite them to live abundant lives in Jesus too. Don’t shy away from your current friendships! Life is not always easy. God provides us help in the form of the people around us. Who is one person you could be friendly to today?