



AS WE GATHER FOR WORSHIP:

A selection of scripture and quotes about aging

Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect. *Romans 12:2 NRSV*

Is not wisdom found among the aged? Does not long life bring understanding? *Job 12:12 NIV*

Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom. *James 3:13 NIV*

I pray that the God of our Lord Jesus Christ, the God of Glory, may give you a spirit of wisdom and revelation...so that with the eyes of your heart, you may know what is the hope to which you have been called and what are the riches of God's glorious inheritance among the saints...
Ephesians 1:17-18 Oxford inclusive version

How we decide to behave as elders will in all likelihood become the most important challenge we will face in our lives. *Ken Dychwald*

So the first question in active aging for me is – “if not now, when?”
Tana Durnbaugh

Aging is not just decay, you know. It's growth. It's more than the negative that you're going to die; it's the positive that you understand you're going to die, and that you live a better life because of it.” *Mitch Albom, Tuesdays with Morrie*

Between stimulus and response there is a space. In that space is our power to choose our response. In our response lives our growth and our freedom.
Victor Frankl

Every day, think as you wake up: Today I am fortunate to have woken up. I am alive. I have a precious human life. I am not going to waste it. I am going to use all my energies to develop myself to expand my heart out to others for the benefit of all beings.
His Holiness the 14th Dalai Lama