The BBT Fitness Challenge is now the

**BBT 5K Fun Run/Walk**

Grand Rapids, Michigan

July 4, 2020 • 7 AM

BBT’s wellness event is back this year and we’ve changed it up!

- It’s now a Fun Run/Walk – NOT AN OFFICIAL TIMED RACE. But you can still run the course and time yourself if that’s your thing.
- The participant fees and all other proceeds will go to the Nigeria Crisis Fund.
- It will be held at The Meadows at Millennium Park (same venue as 2017), about a 10-minute drive from the conference center in Grand Rapids.
- We encourage you to sign up in advance at the BBT Booth during Annual Conference.
- The Fun Run/Walk begins promptly at 7 a.m. but you should really come early to stretch and socialize.
- Complimentary refreshments will be served at the “finish line.”
- There will be no race numbers or bibs, but each participant will receive a bag of race goodies.
- This event highlights the importance of wellness by encouraging outdoor activity time and togetherness for conference attendees and families.

**BBT Fun Run/Walk Participant Fee**

to support the Nigeria Crisis Fund

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single participant</td>
<td>$15</td>
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<tr>
<td>Couples</td>
<td>$25</td>
</tr>
<tr>
<td>Families (of any size)</td>
<td>$40</td>
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