



Bibliography

Books

Recommended by the Older Adult Ministry Cabinet:

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Provocative, insightful. It has much to share about life in America as the Baby Boomer generation moves into older adulthood.
Available from Brethren Press at (800) 323-8039.

Gentzler, Richard H. *Designing an Older Adult Ministry*. Nashville, Tenn.: Discipleship Resources 1999. Easy to read, practical helps for establishing and sustaining an intentional older adult ministry. Available from the Association of Brethren Caregivers at (800) 323-8039.

Aging & Older Adult Issues

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* Indicates that this author has been or will be a speaker at one or more ABC-sponsored conference.

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- Prayer Resources**
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Other

American Society on Aging (ASA) — Founded in 1954, the American Society on Aging is an association of diverse individuals bound by a common goal: to support the commitment and enhance the knowledge and skills of those who seek to improve the quality of life of older adults and their families. The membership of ASA is a multi-disciplinary array of professionals who are concerned with the physical, emotional, social, economic and spiritual aspects of aging. They range from practitioners, educators, administrators, policymakers, business people, researchers, students, and more.
www.asaging.org

BenefitsCheckUp helps thousands every day to find programs for people ages 55 and over that may pay for some of their costs of prescription drugs, health care, utilities, and other essential items or services.
www.benefitscheckup.org

Haworth Press — publisher offering excellent selection of titles for the caregiving professional. Visit their website at www.haworthpress.com/store/DeptListing.asp and select “Aging and Gerontology” from the pull down menu.

Older Adult Mental Health Catalog — Mental health materials for therapists and counselors working with older adults. Available at www.guidancechannel.com/marketplace. Select “Older Adult Mental Health Catalog” the Search by Catalog pull down menu.

National Council on Aging (NCOA) — Founded in 1950, NCOA is the nation’s first association of organizations and professionals dedicated to promoting the dignity, self-determination, well being, and contributions of older persons.
www.ncoa.org/

Resource Directory for Older People is a database of information, co-sponsored by the National Institute on Aging and The Administration on Aging, listing national and state-level organizations that serve older adults and geriatric professionals. Resources in the database include Federal and State agencies, AoA-supported resource centers, professional societies, private groups, and volunteer programs. Resources may be searched and viewed on-line or requested in printed format.
www.nia.nih.gov/resource/

Together Rx is a prescription savings program that provides savings to eligible Medicare enrollees on more than 150 widely prescribed medicines—right at the pharmacy counter. Multiple pharmaceutical companies participate in Together Rx, each with its individual savings program. To learn more about this program, you may call (800) 865-7211 or visit www.together-rx.com.

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Films

For films available for purchase or rent contact:
Filmmakers Library, 124 East 40th Street, New York, NY
10016. Phone: 212-808-4980, fax: 212-808-4983,
e-mail: info@filmmakers.com

“A One & A Two”

This is a portrait of Angelo, a widower after 37 years of marriage, as he begins to build a new life. During the process of “starting over,” he discovered afternoon ballroom dancing — a new passion that is becoming a senior phenomenon.

“A House Divided: Elderly Abuse”

From the National Film Board of Canada’s series “The Elderly at Risk,” these portraits of families from all walks of life shed light on the hidden tragedy of elder abuse.

“Age is No Barrier”

From the opening scene of an elderly woman standing on her head, this film celebrates the benefits of maintaining an active lifestyle.

“Aging in Soviet Georgia:

A Toast to Sweet Old Age”

An in-depth look at the culture and experience of normal aging in the area of the world often called an “epicenter of longevity.” The Georgian elderly enjoy a high status and productive involvement with their families and communities, valued for their experience and their wisdom.

“Amanda’s Choice”

Most victims of Alzheimer’s disease are over 65. This film looks at a rare form of the disease, occurring in a very small percentage of Alzheimer’s cases: Early Onset Alzheimer’s. The documentary also explores new treatments and preventive measures which may offer hope for Alzheimer’s patients in the future.

“An Alzheimer’s Story”

This documentary provides the rare opportunity of following a family with an Alzheimer’s victim for two years. As Anna declines, her husband Jack and daughter Zena are faced with the agonizing task of putting Anna into a nursing home.

“Can’t Afford to Grow Old”

Narrated and hosted by Walter Cronkite
This cogent analysis of the impact of the aging of America on our strained health-care system combines poignant human stories with informed testimony by law makers and public policy experts.

“Can’t Stop Now: A Choreographer Validates the Older Dancer”

This film features six dancers, who at the height of their powers were among the world’s most praised artists. Thanks to the vision of Jiri Kylian of Netherlands Dance Theatre III, these superb dancers have been able to continue their careers beyond the age of 40 and in remarkable performances break all stereotypes of the older dancer.

“Close Harmony”

This Academy Award winning film is a delightfully warm documentary about a senior citizens’ chorus and an elementary school chorus who join for a combined concert, creating a magical performance.

“Don’t Take My Sunshine Away”

This program from the National Film Board of Canada’s distinguished series “The Elderly at Risk” focuses on health care programs for the elderly worldwide.

“Forget Me Never”

Diana McGowin, an articulate, high-spirited woman is the first person to chronicle the onset of Alzheimer’s. In her book, *Living in the Labyrinth*, she writes about her good and bad days and the effect of her illness on her children and her husband.

“Giants of Time”

Portraits of elderly people whose lives have spanned two centuries and who are “witnesses to history.” This award-winning film celebrates them for the wisdom gained through life’s joys and sorrows.

“Hot Flash on Menopause”

The pros and cons of hormone replacement therapy with experts such as Barbara Seaman and researchers from the Framingham Heart Study.

“How to Live to be 100”

From The Nature of Things series, with David Suzuki — This film presents us with the latest research on the very old in the United States, China and Denmark. Through studying such factors as lifestyles, heredity, and nutrition, the film provides insights into the elusive secrets of long life.

“I Know a Song: A Journey with Alzheimer’s Disease”

This artfully made documentary shows that Alzheimer’s disease need not be the end of a loving relationship. Filmmaker Brenda King stood by her mother from her first lapse through her decline.

“I Never Planned On This: An Affirmative Approach to The Later Years”

This reassuring film examines normal, healthy aging, showing that it is part of a gradual biological process that begins at birth.

“In Search of Common Ground: The Seniors of Potomac Gardens”

How will the next generation of African Americans understand the lives of their grandparents who were sharecroppers before they migrated North? This warm film blends the voices and images of people recollecting a shared past.

“Invisibly Close”

This documentary is about Marvin and Bula Young who have been married for over 63 years. Marvin suffered a brain stroke and survived, but his life was changed forever. And so was that of his wife. Filmed by the couple’s son, “Invisibly Close” captures the problems of elderly couples being custodians for one another.

“Menopause: Living the Change”

The risks of, and alternatives to, hormone replacement therapy.

“Mr. Nobody”

This film from the National Film Board of Canada’s series “The Elderly at Risk” deals with the difficult issue of community intervention when a reclusive elder neglects himself to the point of offending his neighbors.

“No Place Like Home: Long Term Care for the Elderly”

Several alternatives to institutionalizing the elderly are shown in this documentary shot in New York City, rural Appalachia and San Francisco.

“Old Like Me”

To find out how society treats older people, a young reporter, Pat Moore, disguised herself as a helpless 85-year-old woman. Here is a provocative film to help people understand the feelings and problems of being old.

“Seniors’ Esteem Issues”

The retired seniors pictured in this program come from a variety of circumstances. All find themselves happier and more fulfilled when they become involved in the community.

“Stolen Memories”

Stolen Memories follows three people in their fifties who have been recently diagnosed with Alzheimer’s Disease. All are married with children, and struggle to come to terms with an incurable illness usually thought of as an “old people’s disease.”

“Sweet Old Song”

Acclaimed African American musician Howard “Louie Bluiie” Armstrong, 91, is renowned for a lifetime of jazz, blues, folk and country music. When Armstrong at 73 met Barbara Ward, a sculptor 30 years his junior, a new chapter of his life and art unfolded.

“The Best Time of My Life”

A film that shows that mid-life may be an opportunity for growth. Women aged 40 to 60 share their thoughts and experience that enrich this new stage of their lives.

“The Grand Generation”

From Academy Award winner Paul Wagner comes this warm portrait of six elderly Americans whose vigor belies their age. Three are folk artists, one a baker, one a political activist, and one a bayman on the Chesapeake. Though they remember the past, they still relish the present and live it fully.

Two Films on the Validation Method

“Communicating with the Alzheimer-Type Population: The Validation Method”

The two vignettes depicted in this video show typical examples of troublesome behavior in very old people who are disoriented.

“More We Get Together” gives insights into working with very old, disoriented, nursing home residents.

“When the Day Comes: Women as Caregivers”

In this documentary we hear from four women who have provided continuous care for a loved one, who speak candidly of the physical and emotional stress of this responsibility. They are in need of support systems as much as those they nurture.

“Woman on Fire”

Soul searching interviews with women at mid life explore the transforming emotional experience of menopause.

“You Must Remember This: Inside Alzheimer’s Disease”

This extraordinary film gives voice to many talented and dignified people who are victims of Alzheimer’s disease. It interweaves their experiences and that of their families with commentary of humane professionals.